

AISN LUNCH MENU **May 2 to 26 2023**

Salad bar served everyday with the main dish

Hot and cold sandwiches also can be ordered in place of the main dish

	1	2	3	4	5
MAIN DISH	No School Labor Day	Veggie Lasagna	Beef Tacos with Mexican Rice and grilled onions and peppers	Pasta w/bolognese sauce w/roasted carrot on side	Chicken Brochettes and Nicoise Salad w/roasted potatoes
DESSERT		Mango	Papaya Pieces	Applesauce	Pineapple
	8	9	10	11	12
MAIN DISH	Beef Stroganoff w/mashed potatoes	Couscous with Merguez and Veggie sauce	Asian Cantonese Rice with, peas, carrots and broccoli	Capitaine fish pane with Attieke and Plantains	Spaghetti and Meatballs
DESSERT	Crepes	Mango Pieces	Yogurt	Banana Bread	Crepes
	15	16	17	18	19
MAIN DISH	Fettucini w/mixed vegetable on side	Hamburger and Camel Chips	Grilled chicken filet and mixed vegetable w/brown rice	Lasagna	Chicken Quesadillas and Mexican Rice and salsa
DESSERT	Apple Bread	Oranges	Bananas	Watermelon	Yogurt
	22	23	24	25	26
MAIN DISH	Chicken Curry with white rice	Chili w/rice and roasted carrots on the side	Macaroni and cheese w/ green beans	Beef Brochettes with roasted sweet potatoes and corn	Margarita Pizza and watermelon slices
DESSERT	Pineapple	Sliced Mangos	Bananas	Applesauce	Oatmeal Cookie